

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

TO DO LIST:	
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NOTES:	
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

TO DO LIST:
NOTES:

August	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

TO DO LIST:
NOTES:

September
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

TO DO LIST:	
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NOTES:	
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weekly planner Jul

JAN	FEB	MAR	APR	MAY	JUN
JUL	AUG	SEP	ОСТ	NOV	DEC

Monday	Tuesday	Wednesday
Thursday	Friday	Weekend

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### PCS must haves & must do's SEASON

### MUST HAVES

- box ops labels
  with door hangers
  (buy pack with
  door hangers
  once, then keep
  them for your
  next move)
- tote bins for things that don't have to be unpacked right away
- moving blankets (Menards has packs of 4)
- Vacuum sealed bags bags
- cling wrap small and large

### MUST DOS

- rest Even in the chaos. Rest when you can and still prioritize sleep
- Put all linens, clothes, and stuffed animals, anything fabric and soft into vacuum sealed bags. (It not only maximizes space, but keeps things fresh and clean while in the cardboard boxes.
- cling wrap the
  utensils in the
  kitchen to keep
  clean and
  organized. Plus
  it avoided the
  dreaded where's
  the knife and
  will I get cut as
  I unpack
  questions.

### STRESS LESS

- Schedule some time to rest and relax. Watch some tv, read a book, breathe.
- Plan what you can. And build in a little buffer time in case things need to change. This helps the changes that arise be less stressful in the moment.
- Remember it will all work out. And you can control what you can, but can't control everything. Release what doesn't help you.

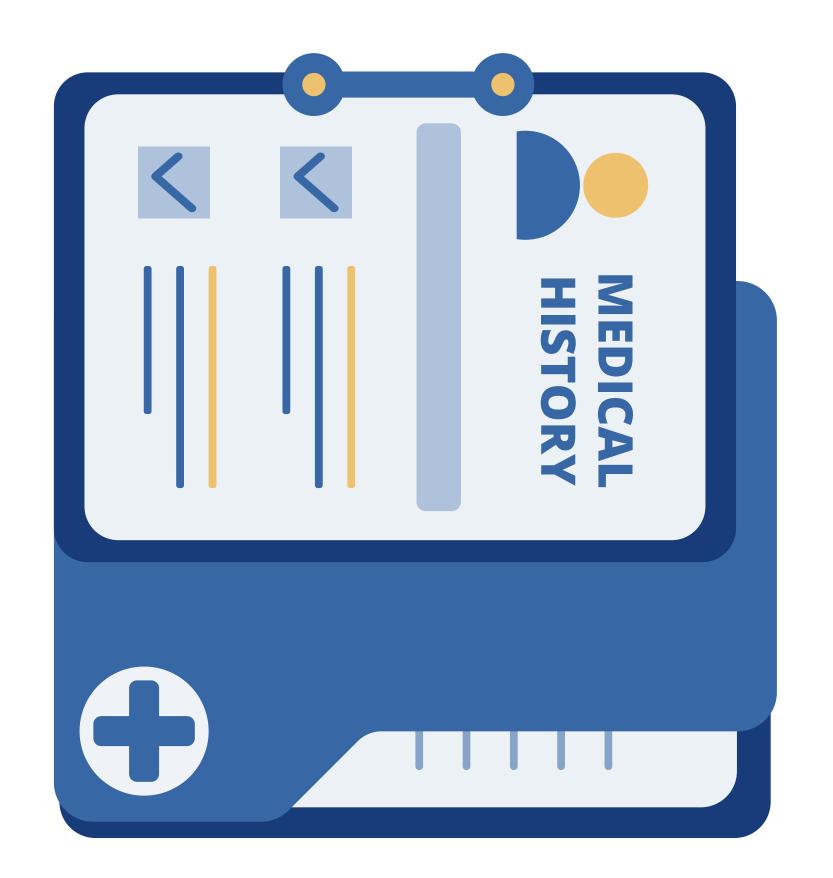
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## house



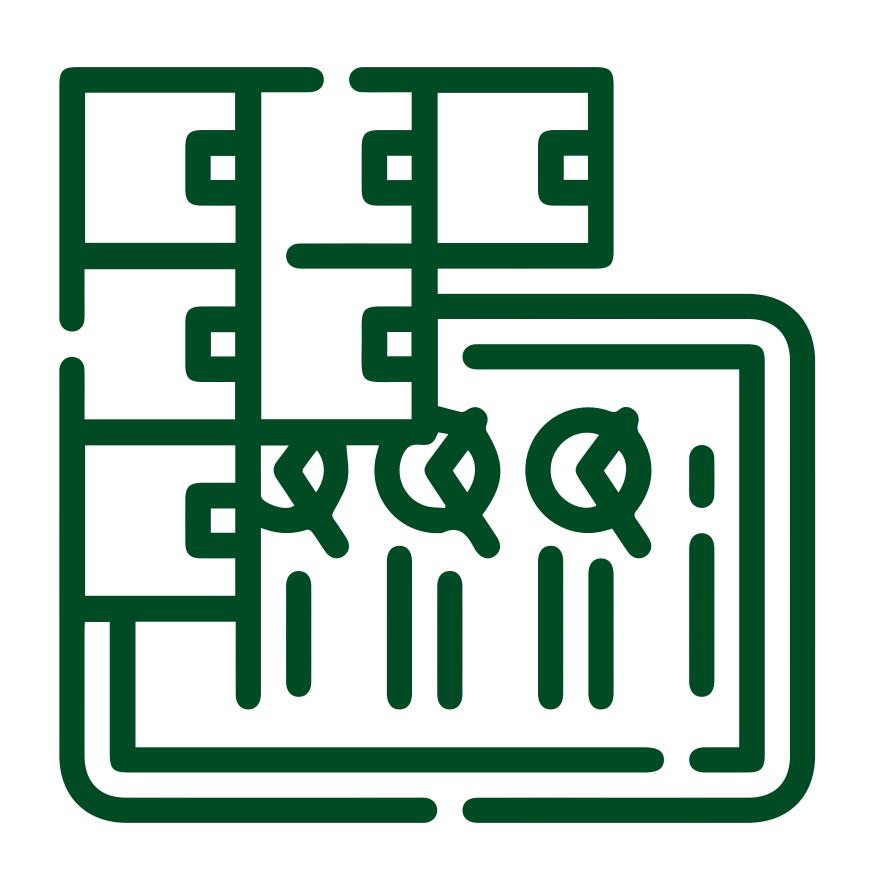
### house

# Medical



# Vets an

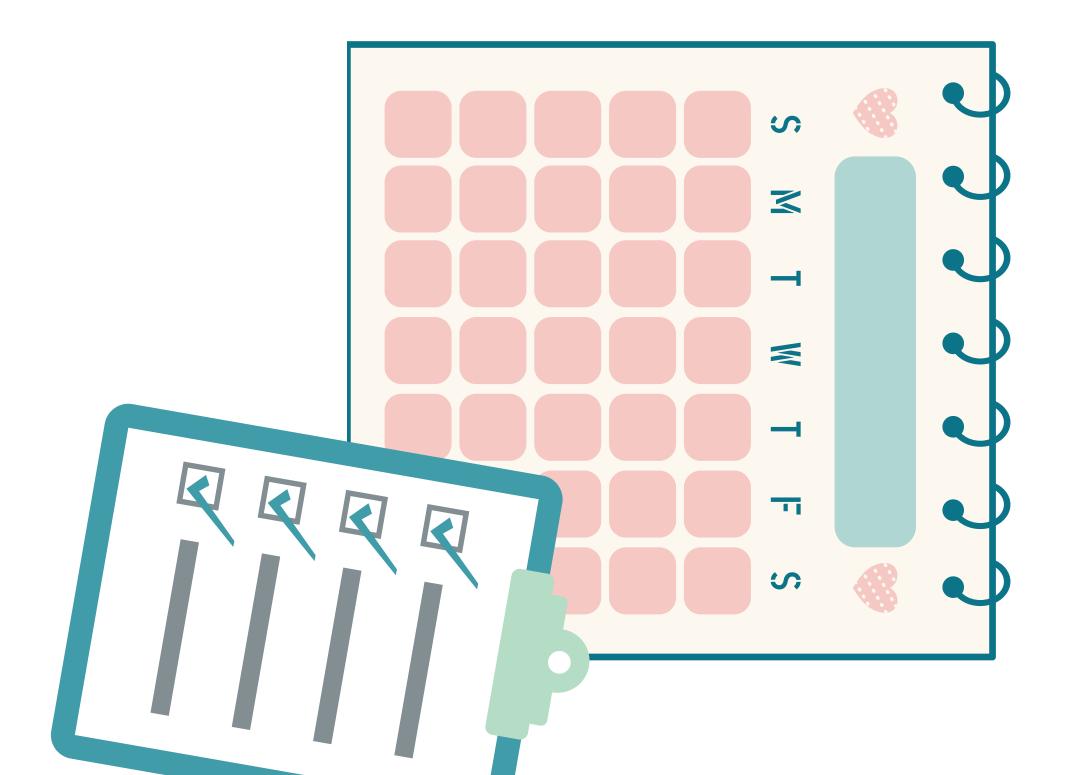
# Vehicles



# of HHG

# 47

### Receipts and weight tickets



# Impountant



### Orders pi orders blus

# Contacts